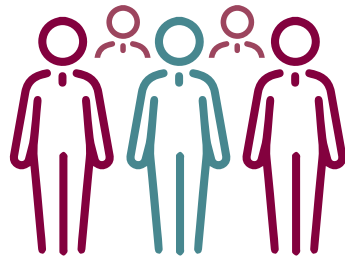


# Be committed. Be well.

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## HOW IT SPREADS



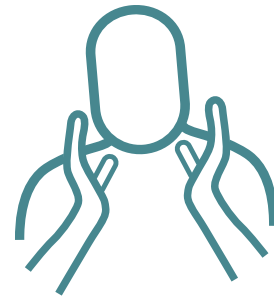
Between people  
in close contact  
(stay six feet apart!)



Through droplets from  
coughs, sneezes,  
and speaking



By infected people who  
are sick AND those  
showing no symptoms



From touching a contaminated  
surface and then your mouth,  
nose, eyes