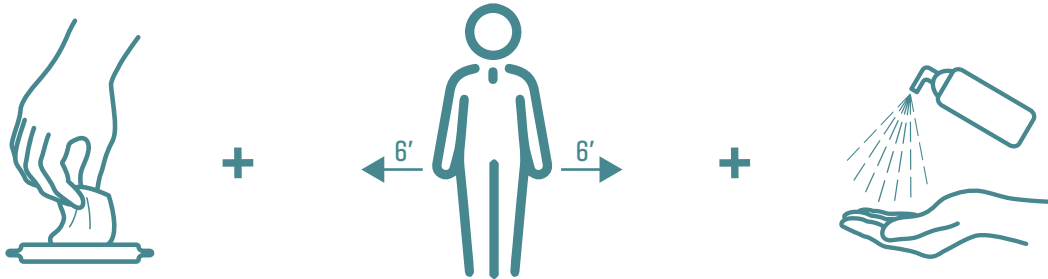


# COVID-19 RESOURCE

## SHOPPING FOR FOOD

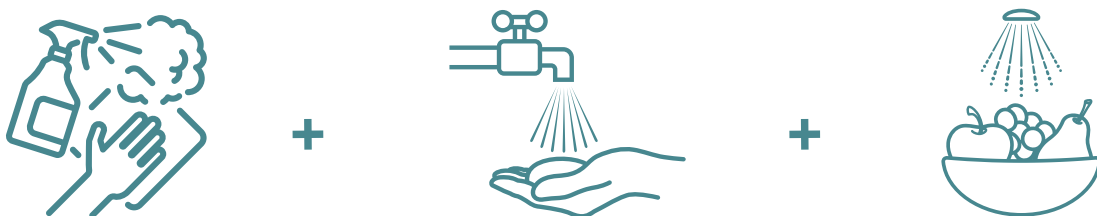
### AT STORE

- Wear a cloth face mask
- Look for sanitizer wipes to wipe your cart or basket
  - Stay 6 feet from others at all times
  - Touch only the items you have to touch
  - Don't touch your face while in the store
- Afterward, wash your hands or use hand sanitizer



### AT HOME

- Place your bags on the countertop and put food away
  - Don't leave food sitting out that may spoil
- Afterward, clean the countertop and wash your hands
- Clean fruits and vegetables with cold running water (no soap), dry with a paper towel before eating



#FlattenTheCurve

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Source: Robert Williams, Department of Food Science & Technology, College of Agriculture & Life Sciences, Virginia Tech

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